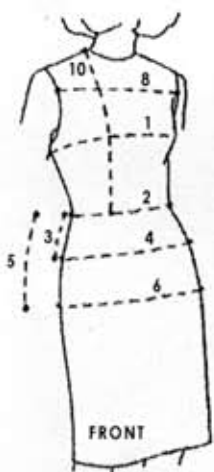


Personal Measurement Chart for Women

Please print this form and fill-in your measurements in the right hand column

Note: To help find the correct positions while measuring, tie a length of string around the figure in the curve of the natural waistline.



1. Bust	Around the figure & over the fullest part of the bust.	
2. Waist	Around the natural waistline	
3. Waist to Hipbone	Length taken at side	
4. Hips	Around figure, over hip bones	
5. Waist to Seat	From side to the widest part	
6. Seat	Around widest part. (Tape not to pull-in under abdomen.)	
7. Back width	Across the shoulder blades from armhole to armhole.	
8. Front Chest	Across from armhole to armhole, at approx. 7cm. below the base of the throat.	
9. Shoulderline	The length from base of neck to top of armhole.	
10. Neck to Waist front	Length, from shoulder at base of neck, over bust, to waist.	
11. Neck to Waist back	Length, from the bone at the top of the spine to the waist.	
12. Full length of garment	At centre back from neck, in at waist & on to required length.	

For Women's Patterns:

13. Shoulder to Bust point	Length, from the shoulder to required length.	
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14. Distance between Bust points

Check Measurements for Bodice patterns.

A. Neck	Around the base of the neck.	
B. Armhole	Around the armhole as for a set-in sleeve.	
C. High Bust	Around the chest. Under arms and above bust.	
D. Sleeve Over	To desired length.	

